



Atterdag at Home, Inc. – Helping seniors stay connected.

Please tell us what you would like to do in your volunteer capacity. Check all that apply:

Help at Home

- Minor household repairs (changing light bulbs, alarm battery changes, paint touch-up)
- Trash container removal for pick-up
- Walking pets
- Temporary meal assistance
- Errands (pick up a prescription, groceries, etc.)
- Watering plants during member's vacation
- Whatever is needed.....within limits

Neighbor to neighbor connections

- Friendly weekly visits
- Phone call check ins
- Reading to members
- Calls to adult children or family members

Technology Trouble-shooting

- Assist with minor computer problems, cell phone use etc.
- Provide basic social media help (Facebook, etc.)

Village office support

- Help with mailings, copying, phone answering, data input
- Special projects

Initiate interest and affinity groups

- Walking or strolling groups
- Theater or art groups or outings
- Gourmet or dinner groups
- Current event groups
- Other special events and activities

Other (Please specify)